



Dear Patient,

Thank you for the opportunity to be a partner with you in your health care. We have included several important forms that we will review at your first appointment. Your detailed and thoughtful responses will help us to utilize our time more effectively. Please bring these forms to your first office visit. Your first visit will be a thorough assessment of your health and you will need to allow an hour and a half.

If you are unable to keep your scheduled appointment time, please let us know at least 48 hours prior to the scheduled time so that we may allow other patients to have your appointment. We will be glad to reschedule your visit. Please help us to serve you better by keeping scheduled appointments.

Please remember to bring in copies of any recent lab work or medical records as well as all the bottles of supplements and/or medications you are currently taking.

We look forward to seeing you. Our goal is to become a trusted partner in assisting you with your health care needs.

Yours in health,

Dr. Dave Hamilton



Naturopathic Medicine Legal Disclosure

As a valued patient of Of The Earth Wellness, it is important to us that you are fully aware of the laws surrounding Naturopathic Medicine in North Carolina.

- The state of North Carolina does not offer a Naturopathic License to Naturopathic Physicians, but our physicians do hold current medical licenses from other states.

_____ initial

- As a result, our physicians cannot legally prescribe pharmaceutical drugs, perform minor surgeries, administer injections, or diagnose illnesses.

_____ initial

- Our Naturopathic Physicians are trained as primary care physicians. However, we are unable to fill that role in the state of North Carolina. Because of this, we ask you to maintain your relationship with a primary care physician. If you need a referral, we can provide a list of primary care physicians.

_____ initial

Signature _____ Date _____
Print _____



FINANCIAL RESPONSIBILITY AND POLICY STATEMENT

Thank you for choosing Of The Earth Wellness (OTEW) for your healthcare needs. Our healthcare providers and staff are committed to enhancing the quality of your care and overall health. This policy statement is designed to inform you of our policies and answer questions regarding payment for services.

PAYMENT FOR SERVICES

OTEW is a fee for service clinic. Patients are to assume all financial responsibility for the office visit and services rendered during the time of service.

For your convenience, we accept cash, personal checks, Visa, MasterCard, Discover and American Express. Returned checks are subject to a \$25 return fee and no further personal checks will be accepted.

PHONE SUPPORT

Phone support is to aid in answering any questions or concerns that may arise, or to clarify instructions. This is not intended to take the place of an office visit.

Phone consultations that cover new material, require new information, take an extensive amount of time, or require a change in the treatment plan are considered substitutes for an office visit. These will be billed for the same rate as the visit for which they substitute. For example, a phone consultation that substitutes for a limited visit will be billed at \$95.

CANCELLATION POLICY

If you are not able to keep your scheduled appointment, please notify us within 48 hours of the appointment. There is no charge if an appointment is cancelled within 48 hours. A cancellation with less than 48 hours notice does not allow enough time for other interested patients to be scheduled, and is a great inconvenience for our center. Thus, for naturopathic visits there is a \$100 charge for new patient and a \$50 charge for follow-up cancellations. Full service fees will be charged if no notice is given.

I agree to the above defined financial policies. In case of default of payment, I am responsible for full payment of the balance, interest accrued, and any collection costs and legal fees incurred to collect on this account. I the undersigned, have read, understand and accept the information and conditions specified in this document.

Signature _____ Date _____



Patient-Provider E-Mail Agreement

E-mail offers an easy and convenient way for patients and doctors to communicate. In many circumstances, it has advantages over office visits or telephone calls. But remember, there are important differences. E-mail is not the same as calling the office; there is no person at the other end of the e-mail – just a computer. You can't tell for certain when your message will be read or even if the doctor is in the office or on vacation. Nonetheless, we believe that the ease of communication e-mail affords is a benefit to patient care. It will further assist us if you could identify the nature of your request in the subject line of your message. Below are our rules for contacting us via e-mail.

- E-mail is never appropriate for urgent or emergency problems! Please use the telephone or go to the Emergency Room for emergencies.
- E-mail is great for asking those little questions that don't require a lot of discussion.
- E-mail should not be used to communicate sensitive medical information, such as information regarding sexually transmitted diseases, AIDS/HIV, mental health, developmental disability, or substance abuse.
- E-mail is not confidential! It is like sending a postcard through the mail. Our staff may read your e-mails to handle routine, non-clinical matters. You should also know that if sending e-mails from work, your employer has a legal right to read your e-mail if he or she chooses.
- E-mail may become part of the medical record when we use it; a copy may be printed and placed in your chart.
- E-mail is not a substitute for seeing your physician. If you think that you need to be seen, please call and schedule an appointment!
- E-mails may be forwarded to our staff for handling, if appropriate. Finally either party can revoke permission to use the e-mail system at any time.

_____ I DO want to communicate with my doctor electronically. I have read the above information and understand the limitations of security on information transmitted.

Patient Name: _____
Patient Signature: _____
E-mail Address: _____
Date: _____



Of The Earth Wellness Fees

Adult

New Patient 90min Intake - \$325 with \$50 senior citizen discount

This initial appointments focuses on treating you the person and not just treating symptoms. We will address all aspects of your health encompassing your mind, body, and spirit. Your treatment protocol may include a custom herbal formulation, physical manipulation, homeopathic remedy prescription, review of diet, supplements, recent labs, discussion of recommendations. You will begin your journey immediately upon stepping foot in our office. These appointments may last up to 1 1/2 to 2 hours.

Follow-up 30min - Standard \$105 (avg 20-30mins) to \$145 (45-60mins)

The majority of our follow-up consultations are billed at the Standard follow-up rate and typically take 20-30 minutes. Some follow-up appointments may be more complex if there are new issues to address or the patient hasn't been seen in an extended period, or the doctor is re-evaluating the patient's case. These may be billed as an Extended or a Comprehensive consultation. A Brief consultation is typically for checking in on a single health issue (blood pressure, weight loss) and are not a regular follow-up consultation. The type of follow-up consultation needed is determined by your physician and may not always be known until during your appointment.

Brief \$75 (15mins)

Extended \$125 (45mins - 60mins)

Comprehensive \$175 (90mins)

Acute Visits- (non-established patients) \$195

These are designed to help you recover quickly from an acute illness (ie. cold, flu, insect bite, poison ivy, etc.) For chronic health concerns please refer to the comprehensive new patient appointment. During this appointment your doctor will focus on your acute illness and create a customized plan to quickly remedy your health.

Pediatric

New Pediatric intake for 17yrs and under \$195

Pediatric follow up- \$80

Physical Medicine

naturopathic physical medicine including naturopathic manipulative therapies; the use of water, heat, cold, light, electricity, air, earth, electromagnetic and mechanical devices, ultrasound, and therapeutic exercise;

Physical Medicine New Patient Intake 1hour \$120

Physical Medicine follow up 30mins \$65

*Additional family member discounts \$50 off initial intake per family member.

***Referral program** - for every person referred by an existing patient, \$25 will be awarded to use on services to the referee and the new patient who schedules an appointment will receive \$25 off their first visit.

*US Military Active and Veterans receive 10% off

Functional Herbalism Clients

New patients- 60-90mins (\$125)

Follow-ups - 30-60mins (\$85)

What is Naturopathic Medicine?



Naturopathic medicine is a distinct primary health care profession, emphasizing prevention, treatment, and optimal health through the use of therapeutic methods and substances that encourage individuals' inherent self-healing process. The practice of naturopathic medicine includes modern and traditional, scientific, and empirical methods.

The following principles are the foundation of naturopathic medical practice:

The Healing Power of Nature (Vis Medicatrix Naturae): Naturopathic medicine recognizes an inherent self-healing process in people that is ordered and intelligent. Naturopathic physicians act to identify and remove obstacles to healing and recovery, and to facilitate and augment this inherent self-healing process.

Identify and Treat the Causes (Tolle Causam): The naturopathic physician seeks to identify and remove the underlying causes of illness rather than to merely eliminate or suppress symptoms.

First Do No Harm (Primum Non Nocere): Naturopathic physicians follow three guidelines to avoid harming the patient: Utilize methods and medicinal substances which minimize the risk of harmful side effects, using the least force necessary to diagnose and treat; Avoid when possible the harmful suppression of symptoms; and Acknowledge, respect, and work with individuals' self-healing process.

Doctor as Teacher (Docere): Naturopathic physicians educate their patients and encourage self-responsibility for health. They also recognize and employ the therapeutic potential of the doctor-patient relationship.

Treat the Whole Person: Naturopathic physicians treat each patient by taking into account individual physical, mental, emotional, genetic, environmental, social, and other factors. Since total health also includes spiritual health, naturopathic physicians encourage individuals to pursue their personal spiritual development.

Prevention: Naturopathic physicians emphasize the prevention of disease by assessing risk factors, heredity and susceptibility to disease, and by making appropriate interventions in partnership with their patients to prevent illness.

NATUROPATHIC PRACTICE

Naturopathic practice includes the following diagnostic and therapeutic modalities: clinical and laboratory diagnostic testing, nutritional medicine, botanical medicine, naturopathic physical medicine (including naturopathic manipulative therapy), public health measures, hygiene, counseling, minor surgery*, homeopathy, acupuncture*, prescription medication*, intravenous and injection therapy*, and naturopathic obstetrics (natural childbirth)*. *(Scope of practice may be limited in many various states)